## NARA Visitor Center & Inn

Our Efforts to Prevent the Spread of Coronavirus Disease

NARA Visitor Center & Inn is taking actions based on "Basic Policies for Novel Coronavirus Disease Control" announced by Ministry of Health, Labour and Welfare www.mhlw.go.jp

#### **Thorough Cleaning & Disinfection**

We thoroughly clean and disinfect all common areas where lots of contact occurs









**EVERY SINGLE HOUR** we disinfect all common areas including the front desk, hotel entrance, door knobs, the elevator (inside and out), guest rooms and shared toilets

We also provide protective gloves for your safety and peace of mind

If you would like some protective gloves, please ask our staff Gloves are available free of charge

#### To prevent the spreading of infection:

All members of staff wear surgical masks Health check-up sheets at distributed at check-in

Please regularly use the disinfectants provided at the front desk and various places throughout the hotel

- Please let our staff know immediately if you feel sick or unwell -

Thank you very much for your understanding and cooperation



# Preventing the Spread of New Coronavirus Disease

Please consult the **Returnee and Contact Center** if any of the following applies:

- Those who have cold symptoms or a fever of 37.5 degrees for more than 4 days ( Also for those who need to keep taking antipyretics)
  - Those with strong drowsiness (malaise) or breathlessness (dyspnea)

Consultation Desk	Phone Number	Fax number	Office Hours	
Nara Prefectural Office	0742-27-1132	0742-22-5510	Weekdays: Weekends & Holidays:	8:30 - 21:00 10:00 - 16:00

Telephone Consultation on Health Anxiety Regarding COVID-19

Contact Number: 0120-565653 (Free dial)

Hours: 9:00-21:00

(Available weekends & holidays)

### **Practical Cough Etiquette**

- If you are coughing or sneezing, wear a mask -
  - When a mask is not available Cover your mouth and nose when coughing or sneezing with a tissue, then throw it away
- When a tissue is not available Cough or sneeze into your upper sleeve, not into your hands

